



Outdoor Enthusiast of Fredericton

Summer 2019 Newsletter

"Freedom is something that dies unless it's used." Hunter S. Thompson.

Past Events

Sussex Bluff – April 7 - 4 adventurous ladies enjoyed a beautiful sunny day on Sussex Bluffs. Did about 7 km hike down to meet the road & mountain biking...lol. Took long way back to Sussex, stopped for a train and a covered bridge.

Irving Nature Park – April 28 - A wonderful spring hike in Irving Nature Park. Great people, views, chickadees and nature! We collected 3 grocery bags of garbage along the way.

New River Beach – May 5 - 19 Folks and 4 dogs at head of New River Beach Trail. The Outdoor Enthusiasts of Fredericton visited New River Beach today for a most enjoyable hike and what a great turnout too! The air temp was not too warm but very sunny and comfortable. The sections of boardwalk trails helped tremendously to keep out of the otherwise deep mud under foot as the woods are still water soaked. A quick visit to Lepreau Falls was also very rewarding and we were not disappointed!

White Rapids, Pete's Falls Carrow Falls – May 11 - Fredericton Junction, Currie house, art in the park, white rapids, Hobo train and Peddler.

Living Outdoor Adventure Camp – May 18 & 19 - Weekend at Livingston Outdoor Adventure Camp. 19 OEF folks laughed, ate, hiked around Livingston Lake, enjoyed Potluck/BBQ, sat around campfire each night, , laughed, hiked Coppermine Trail, played gigantic Jenga, danced, laughed, slept in bunkhouse, hiked Black Hole, ate Sticky Buns from Kellys in Alma, and laughed again!!

Thanks to Peter for providing entertainment, Gretchen & Ethan for camp fires, David for leading hikes, everyone who pitched in to help with food and cleanup! Great Company!!

UPCOMING EVENTS

October

Wednesday Walk – 2nd

Freedom Trail – 5th

Minister's Island – 6th

Turtle Mountain – 19th

Balancing Rock, Chimning Rock & Vulture Bluff – 26th

Seymore Nature Reserve – 27th

November

Cochrane Lane – 2nd

Slippery Mitten – 16th

Vista Ridge Cottage - 9th to 12th

Ganong Nature Park & Chickahominy Mountain – 23rd

Irving Nature Park – 30th

December

Ayers Lake - 7th

Christmas Party - 14th

(Events are subjected to change.)

(Check Facebook for more details on events.)

Fredericton Bike Ride – May 26 - Another adventure - 7 brave OEF folks cycled 25 km in the rain. Stopping for ice cream in Lincoln!! Hazel Dean.

Mount Douglas Bald – June 1

Eel River Falls – June 8 - 13 folks hiked the 6.0 km return hike to Eel Falls and then did the 2.0 km return hike to Split Rock Falls. Ended with a great meal at the Acorn.

Meduxnekeag Valley Nature Preserve – June 15

Mactaquac Nature Trails – June 23 - 10 OEF hikers enjoyed an 8km hike along Alex Creek, Beaver Pond & Little Mactaquac trails.

OEF 25th Anniversary Picnic – June 23 - Outdoor Enthusiasts of Fredericton 25th Anniversary BBQ and Reunion held recently at Centennial Park, Mactaquac. We had over 35 in attendance with several long time members joining us for the festivities!

Walton Glen Gorge/Eye of the Needle – July 6

Grand Manan Red Trail - July 12 to 15 - The 4 survivors of our 4 day Grand Manan Island hike.

Fall Brook Falls – July 21

Five Fathom Hole – July 27 - Saturday brought the OEF to Five Fathom Hole for a 10 Km hike. It was hot and the mosquitoes were not nice to us! We had three new members join us as well. Enjoy some of the memories.

Cape Chignecto – August 9 to August 12 - 8 OEF members participated in a 4-day backpacking trip at Cape Chignecto Provincial Park. 50km loop across coastal and woodland terrain and steep ascents and descend.

Split Rock – August 24 - 17 hikers on a very pleasant day. Great day.

Fundy Circuit – August 31 to September 2 - Fundy Circuit is 48km loop in Fundy National Park. Completed in 3 days by 8 hikers

McLeod Brook, Hearst Lodge Trail, Fuller Falls – September 21 - Four OEF took advantage of the beautiful day with a trek to McLeod Brook Falls, Hearst Lodge Trail, Fuller Falls and Supper at the Caves.



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